

Name: \_\_\_\_\_

## **Reading Comprehension**

### **I'm Feeling Sick**

#### **Omar**

Hi, I'm Omar. I'm staying home today because I have a bad stomachache. Last night, I ate too much candy at a party, and now my stomach really hurts. My mom called the doctor, who said I should eat light food, drink lots of water, and rest. I'm also not allowed to eat any sweets for a few days. I'm a little upset because I was supposed to go to my friend's birthday party this afternoon, but now I have to miss it.

#### **Maya**

Hello, I'm Maya. Today, I have a fever and feel very tired. I started feeling weak during school yesterday, and by the evening, I was burning up. My dad took me to the doctor, who told me to stay in bed, drink warm tea, and take some medicine. I'm sad because I was excited to play in our soccer match this weekend, but now I have to rest at home.

#### **A) Who Says That?**

**Write Omar or Maya next to each sentence.**

- a. "I ate too much candy and now my stomach hurts." \_\_\_\_\_
- b. "I have a fever and feel very tired." \_\_\_\_\_
- c. "The doctor said I should eat light food and rest." \_\_\_\_\_
- d. "I was excited to play in a soccer match." \_\_\_\_\_
- e. "I have to miss my friends birthday party." \_\_\_\_\_
- f. "My dad took me to the doctor." \_\_\_\_\_

#### **B) Answer the Questions.**

1. Why is Omar staying home?

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2. What advice did the doctor give Maya?

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3. What made Omars stomach hurt?

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4. How does Maya feel?

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5. What are both Omar and Maya missing because they are sick?

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6. How are Omar and Maya trying to get better?

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## Writing

**Write a short paragraph giving advice about how to stay healthy and take care of yourself.**

You can talk about:

- What people **should** or **shouldn't** do to stay healthy.
- What they **could** do if they feel sick or tired.
- Healthy food, exercise, sleep, hygiene, and other good habits.
- Why it's important to care for your body and mind.

### Remember:

- Use **conjunctions** (and, but, because, so, or, if, when, ...)
- Use **commas** correctly

[illegible]